

## hastAmalaka stotram

kastvam shisho kasya kutosi gantA  
kim nAma te tvam kuta Agatosi |  
etanmayoktam vada chArbhaka tvam  
matprlyate prlti vivardhanosi ||1||

hastAmalaka uvAcha

nAham manushyo na cha deva-yakshou  
na brAhmaNa-kshatriya-vaishya-shUdrAh |  
na brahmachAri na gruhi vanastho  
bhikshurna chAham nijabodha rUpah ||2||

nimittam manashchakshurAdi pravruttau  
nirastAkhilopAdhirAkAshakalpah |  
ravirlokacheshTAnimittam yathA yah  
sa nityopalabdhisvarUpohamAtmA ||3||

yamagnyushNavannityabodha svarUpam  
manashchakshurAdInyabodhAtmakAni |  
pravartanta Ashritya nishkampamekam  
sa nityopalabdhisvarUpohamAtmA ||4||

mukhAbhAsako darpaNe drushyamAno  
mukhatvAt pruthattavena naivAsti vastu |  
chidAbhAsako dhIshu jIvopi tadvat  
sa nityopalabdhisvarUpohamAtmA ||5||

yathA darpaNAbhAva AbhAsahAnou  
mukham vidyate kalpanAhInamekam |  
tathA dhI viyoge nirAbhAsako yah  
sa nityopalabdhisvarUpohamAtmA ||6||

manashchakshurAderviyuktah svayam yo  
manashchakshurAdermanashchakshurAdih |  
manashchakshurAderagamyasvarUpah  
sa nityopalabdhisvarUpohamAtmA ||7||

ya eko vibhAti svatah shuddhachetAh  
prakAshasvarUpopi nAneva dhIshuh |  
sharAvodakastho yathA bhAnurekah  
sa nityopalabdhisvarUpohamAtmA ||8||

yathAneKachakshuh prakAsho ravirna  
krameNa prakAshIkaroti prakAshyam |  
anekA dhiyo yastathaikah prabodhah  
sa nityopalabdhisvarUpohamAtmA ||9||

vivasvat prabhAtam yathA rUpamaksham  
pragruhNAti nAbhAtamevam vivasvAn |  
yadAbhAta AbhAsayatyakshamekah  
sa nityopalabdhisvarUpohamAtmA ||10||

yathA sUrya ekopsvanekashchalAsu  
sthiraSvapyananyadvibhAvyasvarUpah |  
chalAsu prabhinnah sudhIshva eka  
sa nityopalabdhisvarUpohamAtmA ||11||

ghanacChannadrushTirghanacChannamarkam  
yathA nishprabham manyate chAtimUDhah |  
tathA baddhavadbhAti yo mUDha-drushTeh  
sa nityopalabdhisvarUpohamAtmA ||12||

samasteshu vastushvanusyUtamekam  
samastAni vastUni yanna sprushanti |  
viyadvatsadA shuddhamacChasvarUpam  
sa nityopalabdhisvarUpohamAtmA ||13||

upAdhou yathA bhedaT sanmaNInAm  
tathA bhedaT buddhibhedeshu tepi |  
yathA chandrikANAm jale chanchalatvam  
tathA chanchalatvam tavApIha vishNo ||14||

||iti shrImad shankarAchAryakruta hastAmalaka samvAda stotram sampUrNam ||

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bhikshurna chAham nijabodha rUpah ||2||

nimittam manah chakshurAdi pravruttau  
nirasta akhilopAdhir-AkAsha-kalpah |  
ravih loka cheshTA nimittam yathA yah  
sa nitya upalabdhi svarUpoham AtmA ||3||

yamagnya ushNavan-nityabodha svarUpam  
manah chakshurAdInya bodhAtmakAni |  
pravartanta Ashritya nishkampam-ekam  
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